If $G$ is a commutative linear algebraic group, the first Galois cohomology $H^1(K, G)$ is an abelian group, and the period of a $G$-torsor over $K$ is defined to be the order of the corresponding element in $H^1(K, G)$. In this talk I will present a formula for the period of a generic $G$-torsor (also called versal torsor) in terms of coflasque resolutions of $G$, where $G$ is a group of multiplicative type.