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Sparse Graphs with $q(G)=2$
Given a graph $G$ on $n$ vertices, $\mathcal{S}(G)$ is the set of symmetric $n \times n$ matrices with the same off-diagonal zero pattern as the adjacency matrix of $G$. We say that a connected graph $G$ has $q(G)=2$ if there is a matrix $M \in \mathcal{S}(G)$ with exactly 2 distinct eigenvalues.
Recently, Barrett et al. (Barrett et al. Sparsity of graphs that allow two distinct eigenvalues. Linear Algebra Appl. 674(2023), 377-395) proved that graphs on $n$ vertices with $q(G)=2$ must have $|E(G)| \geq 2 n-4$. They also showed that the odd-order graphs with $q(G)=2$ have $|E(G)| \geq 2 n-3$, and characterized the odd-order graphs that meet this bound. We complete the characterization of graphs with $|E(G)|=2 n-3$ and $q(G)=2$ by treating the even-order case. As part of our characterization, we resolve an open question of Barrett et al. by determining for each double-ended candle $H$, the sets of non-edges $S$ for which $q(H+S)=2$.

