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A Nordhauss-Gaddum type problem for the normalized Laplacian spectrum and graph Cheeger constant
For a graph $G$ on $n$ vertices with normalized Laplacian eigenvalues $0=\lambda_{1}(G) \leq \lambda_{2}(G) \leq \cdots \leq \lambda_{n}(G)$ and graph complement $G^{c}$, we prove that

$$
\max \left\{\lambda_{2}(G), \lambda_{2}\left(G^{c}\right)\right\} \geq \frac{2}{n^{2}}
$$

We do this by way of lower bounding $\max \left\{i(G), i\left(G^{c}\right)\right\}$ and $\max \left\{h(G), h\left(G^{c}\right)\right\}$ where $i(G)$ and $h(G)$ and denote the isoperimetric number and Cheeger constant of $G$, respectively.

