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3-dimensional Catalan objets: a (partial) overview and a new bijection
A variant of the famous Catalan numbers, the sequence of 3-dimensional Catalan numbers counts the standard Young tableaux of shape ( $n, n, n$ ) (whereas the classical Catalan numbers count those of shape ( $n, n$ )).
This talk will dwell on three combinatorial objects that are counted by the 3-dimensional Catalan numbers: first, 1234-avoiding up-down permutations; second, a certain class of weighted Dyck paths; and finally, product-coproduct prographs (introduced by Borie). We will outline how these objects relate to each other, and present a recently discovered bijection between the former two. Depending on the time left, we will discuss how the geometrical nature of PC prographs could be exploited to try to obtain a poset or even lattice structure on these objects.

