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*Mathematics for Liberal Arts: Realities, Opportunities & Challenges*

We live in a society pervaded by math anxiety and weak mathematical skills. Courses like Mathematics for Liberal Arts offer us an opportunity to address these issues and reach out to a wider audience, but how do we meet the challenges that arise? In particular, how do we overcome anxiety, instil confidence and competency, and move beyond this to awaken a deeper appreciation of Mathematics, and the role it plays in our lives?