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*On regular subgroups of  $SL_3(\mathbb{R})$*

Motivated by a question of M. Kapovich, we show that the  $\mathbb{Z}^2$  subgroups of  $SL_3(\mathbb{R})$  that are *regular* in the sense of Kapovich–Leeb–Porti are precisely the lattices in minimal horospherical subgroups. By work of Oh, it then follows that a Zariski-dense discrete subgroup  $\Gamma$  of  $SL_3(\mathbb{R})$  contains a regular  $\mathbb{Z}^2$  if and only if  $\Gamma$  is commensurable to a conjugate of  $SL_3(\mathbb{Z})$ . In particular, a Zariski-dense regular subgroup of  $SL_3(\mathbb{R})$  contains no  $\mathbb{Z}^2$  subgroups. This is joint work with Konstantinos Tsouvalas.